



Your Guide To Eating Great! Dining at Siena College 2022 – 2023 Academic Year

Welcome to a fresh approach!

Campus dining is a big part of the college experience. At Siena Fresh, our goal is to provide a variety of healthy foods, made from scratch, in a fun atmosphere. We work to enrich your dining experience by making it eventful and enjoyable.

We continuously adapt to keep pace with your ever changing schedules, lifestyles, preferences and nutritional needs. We always encourage your involvement and input.

Lonnstrom is our main dining hall. We also offer a wide variety of retail locations throughout campus. Casey's featuring a We Proudly Serve Starbucks, traditional grill favorites and customizable sandwiches, wraps and salads. The Massry food court provides yet another unique experience, offering quesadillas, Bernie's Bowls and Home-Style choices. You can also stroll over to Piazza located on the lower level of Lonnstrom Dining Hall to satisfy your late night pizza cravings. Check out Bernie's C-Store offering a unique shopping location!

We look forward to serving you, and trust your academic year will be an exciting, rewarding and memorable experience.



WHAT'S COOKING

Your Dining Options

We feature an extensive lineup of culinary platforms and are dedicated to your total and complete satisfaction. We provide a diverse menu selection of made-to-order and quick-service selections as well as daily specials at our venues.

Retail Venues



Featuring a "We Proudly Serve" Starbucks location offering barista coffee beverages, panini's, breakfast sandwiches, pastries and smoothies! Carry-out or eat-in are available with open seating.

*Accepts bonus dollars, Saint Plan and credit cards.
GET online orders.*

Stop by the Met Grill for specialty sandwiches and burgers. Check out the Met's late night favorites!

Our Wrapped station offers your favorite salads, wraps, sushi, and breakfast sandwiches all day. Fresh to go! and Minute Meals are available for quick "on the go" options.

Look for NEW limited-time offers!

*Accepts meal swipes, bonus dollars, Saint Plan and credit cards.
GET online orders.*

Don't skip breakfast! Start your day right with our Breakfast Express selections featuring fresh breakfast sandwiches and sides for a convenient and nutritious morning.

Breakfast Express offers eat in dining.

Accepts meal swipes, bonus dollars, Saint Plan and credit cards

Lonnstrom Lower Level-Late Night

Piazza, located in Lonnstrom Lower Level features customizable personal pizza menu. Make sure to finish it off with your favorite toppings. Curb the cravings! Open seating available!

Accepts bonus dollars, Saint Card and credit cards.

Dining Halls

Lonnstrom

Lonnstrom offers diverse menus and exciting selections made from the freshest ingredients. Here you can find all the comforts of home from fresh breakfast selections, international cuisine, grill favorites, customizable deli sandwiches and wraps made with house-roasted meats and classic home-style entrées.

*Accepts meal swipes, bonus dollars, Saint Plan,
cash and credit cards*

Bernie's C-Store

Located next to Massry Dining in Snyder Hall, allowing for maximum convenience for groceries, snacks, portable Fresh to-go! fare and so much more! No need to leave campus. We have you covered! Stop by Bernie's and stock up.

Accepts bonus dollars, Saint Card and credit cards.

Massry Food Court

Start the morning right with fresh breakfast selections, coffee or juice! Massry offers globally inspired grain or salad bowls along with home-style menu selections that feature rotating entrée favorites.

*Accepts meal swipes, bonus dollars.
GET online orders.*

Hours of Operation

Casey's

Breakfast Express

Monday - Friday 7:30 AM – 10:30 AM

We Proudly Serve Starbucks

Monday - Thursday 7:30 AM – 6:00 PM

Friday 7:30 AM – 4:00 PM

Saturday - Sunday 9:30 AM – 4:00 PM

Met Grill and Wrapped

Monday - Thursday 11:00 AM – 11:00 PM

Friday 11:00 AM – 10:00 PM

Saturday - Sunday 2:00 PM – 10:00 PM

Bernie's

Bernies C-Store

Monday, Wednesday 11:00 AM – 7:00 PM

Tuesday, Thursday 1:00 PM – 8:00 PM

Friday - Sunday 11:00 AM – 4:00 PM

Lonnstrom

Monday - Sunday

Breakfast 7:30 AM – 10:45 AM

Lunch 11:15 AM – 3:45 PM

Dinner 4:30 PM – 7:30 PM

Piazza

Sunday - Thursday 8:00 PM – 11:00 PM

Lunch Express

Monday - Friday 11:00 AM – 2:00 PM

Massry

Monday - Friday

Breakfast 7:30 AM – 10:30 AM

Lunch 11:00 AM – 2:00 PM

Dinner 5:00 PM – 7:30 PM

Late Night 8:00 PM – 11:00 PM

Saturday - Sunday 11:00 AM – 6:00 PM

CONVENIENT & FLEXIBLE

Meal Plans

Students are required to purchase a dining meal plan to use at the dining halls or to use for a designated meal in the retail locations. Bonus Dollars act as cash and may be used at any retail dining venue.

Meal Plan Packages by Semester

| Meals Swipes | Bonus Dollars | Price | Student Eligibility |
|--------------------|---------------|------------|---|
| Ultimate Meal Plan | \$75 | \$3,420.00 | All Students |
| 15 per week | \$300 | \$3,352.50 | All Students |
| 180 per semester | \$350 | \$3,330.00 | All Students |
| 140 per semester | \$400 | \$2,792.50 | All Students |
| 75 per semester | \$325 | \$1,742.50 | Townhouse Residents / Commuter Students |
| All Bonus Plan | \$1,590 | \$1,742.50 | Townhouse Residents/ Commuter Students |
| 20 per semester | \$50 | \$180.00 | Commuter Students |

Commuter students are eligible to sign up for any of the plans above.

Meal Swipes

- Meal swipes provide students access to retail locations and all-you-care-to-enjoy meals in the dining halls.

Bonus Dollars

- Bonus Dollars roll over from semester to semester, but not academic years. Bonus Dollars left in your account at the end of an academic year will be forfeited. Bonus Dollars are non-transferrable and are not accepted during the winter and spring break sessions.
- If students deplete their Bonus Dollars, they have the option to use a credit or debit card. Additional Bonus Dollars may be purchased through the GET app or through the SAINT Card Office.

Visit AVIServes.com/sienafresh/create and click on Meal and Dining Plans for more information.

Food Allergens and Preferences

The student can meet with the dietitian and Chef Manager of their dining hall of choice to learn how to safely navigate the dining locations and discuss appropriate dining options.

The student is responsible for communicating any questions or concerns to the Chef Managers or dining supervisors in the dining facilities. We always recommend personal interaction with our management staff to obtain the most accurate information at the time of meal service.

Please report your food allergy to Siena College Health Services 518.783.2554 or chogan@siena.edu prior to arrival on campus.

Should a you need further assistance regarding food allergies or dietary restrictions, please contact the Health Services office at Siena College.

The requested health information will be kept on file by Health Services.

GLUTEN SENSITIVE

The student should contact the Siena Fresh Dietitian at kjob@AVIFoodSystems.com prior to arrival on campus. All students with celiac disease or non-celiac gluten sensitivity must meet with the dietitian and the Chef Manager in the dining facilities most frequently visited.

The gluten sensitive (GS) icon indicates that a selection contains no gluten in the ingredients, such as wheat, barley or rye. However, Siena College is not a gluten-free campus, and incidental gluten may still be present in GS labeled foods.

Menu Labeling

The “Food Allergens & Preferences Guide,” posted in each dining location, highlights the icons that are used to designate food allergens, as well as vegetarian, vegan, gluten sensitive and Halal options.

Printed menus are posted at every station in the dining halls, which list ingredients and identify the top nine food allergens (eggs, fish, milk, peanuts, sesame, shellfish, soy, tree nuts and wheat) with icons.

Menus are also posted on our website AVIServes.com/sienafresh/menus. While we make every effort to provide accurate information, ingredient manufacturers of items used within our menus could change the formulation of, or substitute products at any time without notice. Substitutions may also be made during food preparation.

Students with food allergies should discuss questions or concerns about specific food items with the Chef Managers in the dining halls.

KNOW BEFORE YOU CHOOSE!

Allergen Alert!
Look for these food allergen icons before choosing.

How do you like it?
Look for these food preference icons before choosing.

E EGGS **S** SOY **V** VEGETARIAN
F FISH **SE** SESAME **VE** VEGAN
M MILK **SF** SHELLFISH **GS** GLUTEN SENSITIVE
P PEANUTS **TN** TREE NUTS
W WHEAT

Siena Fresh makes every attempt to identify ingredients that may cause allergic reactions for those with food allergies. Siena Fresh does not have a gluten-free or allergen-free kitchen. We adhere to ServSafe practices to avoid cross-contamination and cross-contact.

GIFTS AND RECIPES Programs

We offer diverse foods that reflect the students we serve at Siena Fresh. This section covers our current programs and menus catered to offer a wide variety of tastes and flavor profiles.

Be sure to visit our website at AVIServes.com/sienafresh to submit your ideas and suggestions to the Siena Fresh culinary team!

Recipes from Home

Just like home! Whether it's pot roast, stew or homemade mac and cheese, if it's selected, it's made with your family recipe. Bring your best dish to the table and if we pick it, the whole school gets to taste it.

Let us feature your dish in the dining hall! Get involved by sharing your special preparation tips and tricks.



Visit AVIServes.com/sienafresh/engage and click on Recipes from Home to submit your favorite dish!

Gifts from of Home

Parents, family members and friends can stay connected to their student at Siena College through the gift of food. Whether it be a birthday celebration, a get well basket or a positive energy kit, we can help! We've made the process easy! A few details and a couple of clicks and your order is underway.

Want to make it even more special? Contact our catering department and we'll arrange something unique just for your student.

Visit AVIServes.com/sienafresh/engage and click on Gifts from Home for more details and ordering instructions or call 518.783.2934

Catering

When it comes to a perfectly planned and executed catered event, no one comes close to AVI! Our corporate and staff chefs are experienced, highly trained, innovative food service specialists able to create any menu selection you can think of ... and many of which you've only dreamed.

Only a company with our local presence and vast resources can truly understand the complexities of making an event an unforgettable experience.

AVI provides delectable menus, perfect presentation and incomparable service. From backyard barbecues to upscale banquets, tell us exactly what you want and we'll deliver!

Visit AVIServes.com/sienafresh/catering to get started!



WE VALUE YOUR
Feedback

Text the Manager

Text the Manager offers students an anonymous way to ask questions or provide feedback during their visit to any dining location through the use of their mobile phone. Just text 518.363.7686. Texting is FREE and easy!

Look for posters displayed in the dining halls and retail venues.



TEXT YOUR FEEDBACK!
YOUR FEEDBACK IS IMPORTANT
TO US AND HELPS US IMPROVE
YOUR DINING PROGRAM.

PLEASE TELL US ABOUT
YOUR DINING EXPERIENCE!

TEXT YOUR COMMENTS
TO THE MANAGER AT:

518.363.7686
Your phone number remains anonymous.

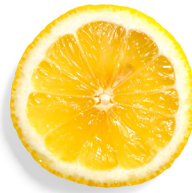
siena fresh

Share Your Experience

We value your insight on your experience. Your honest feedback ensures that we fully understand your satisfaction with our services and enables us to better serve you in the future. You are invited to speak to us in person or use the website to submit your feedback. Thank you for choosing Siena Fresh and we look forward to serving you again soon!



Visit AVIServes.com/sienafresh/share-your-experience to submit your feedback.



A COMMITMENT TO SERVING YOU BETTER
GET Mobile Ordering

We are pleased to offer access to mobile ordering for pick-up at Casey’s retail location and Massry Dining Hall.

Visit get.cbord.com/siena/full/login to manage your money, order food and more!



WE'RE HERE TO SERVE YOU
Contact Information

| | | | |
|-------------------------|------------------------------------|--|--------------|
| Rachel Miller | Senior Director of Dining Services | rmiller@siena.edu | 518.783.2949 |
| Amanda Greco | Director of Operations | agreco@siena.edu | 518.783.2930 |
| Gerald Waterman | Executive Chef | gwaterman@siena.edu | 518.783.4136 |
| Kathy Stramiello | Office Manager | kstramiello@avifoodsystems.com | 518.783.2523 |
| Catering | | catering@siena.edu | 518.783.2934 |

