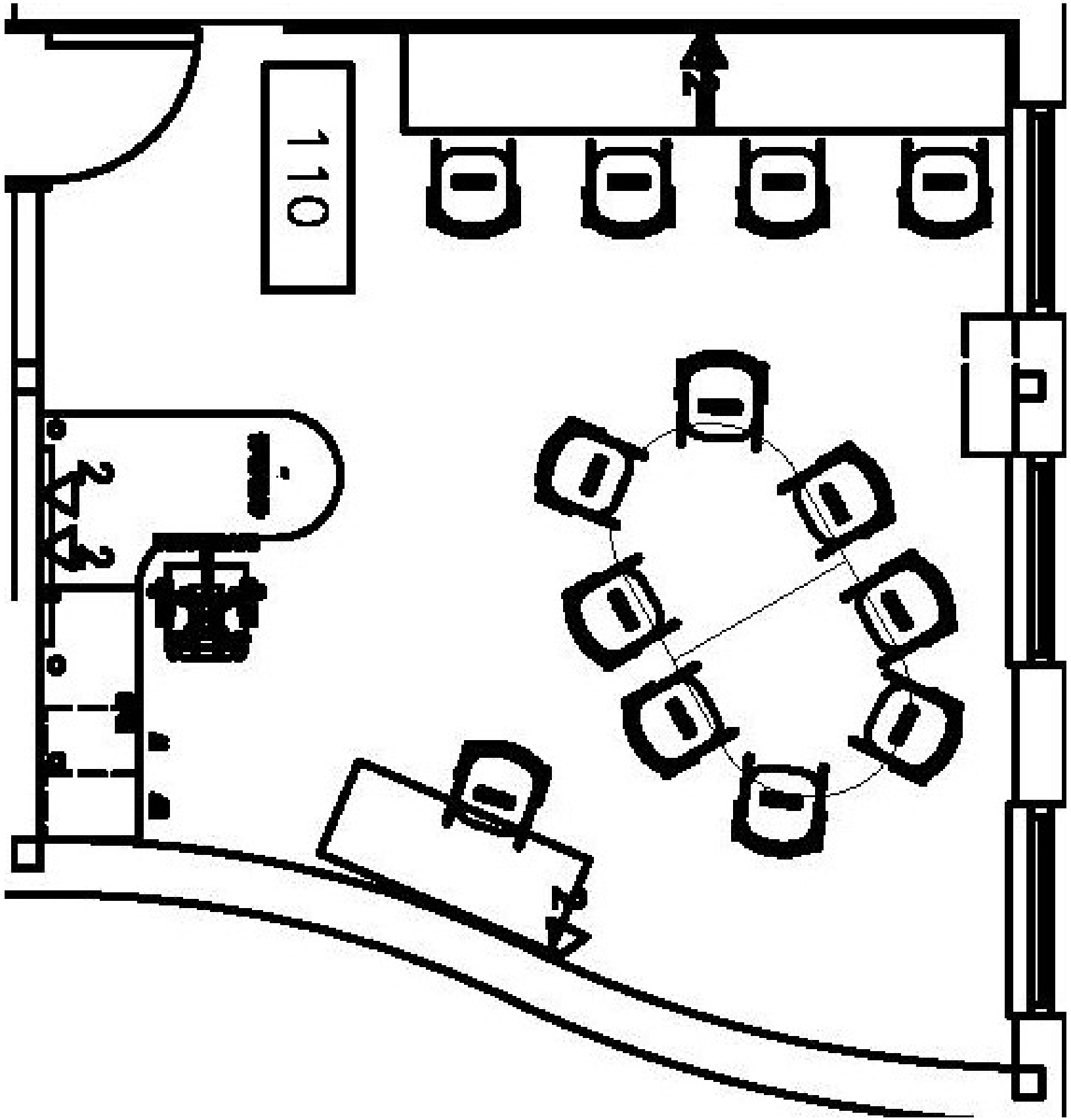Kiernan 110