

J.T. Anderson '10

## Cusco, Peru

In the summer of May 2010, I was honored to be given an opportunity to spend six weeks living and working amongst the company of physicians in Cusco, one of the major cities in Peru. It is located near the Urubamba Valley of the Andes mountain range. Cusco has its historic roots as the capital of the Incan Empire and is 11,000 feet above sea level! Needless to say, but arriving in Cusco was quite a “head rush”. All in all, my experiences in Cusco were ones that are incomparable to any other.



*This is Plaza de Armas in the center of Cusco. It is the busiest and most active area, and is lined with shops all around as well as two cathedrals. Many tourists visit this area and take in its beauty.*



*This is our host family. Names are from left to right: Lisa, Chibelli, and Sele*

I traveled and worked with my classmates, Marissa Potenza, Paul Cristofano, and Lauren Moy during my summer of service. Five days a week we worked at the Centro de Salud in an area called Manco Ccapac. We provided the people of Cusco with a wide variety of health care needs ranging from lab services to obstetrics. I mainly worked in pediatrics or in generalized care, weighing babies, giving basic physical examinations, and sometimes even giving vaccinations. The clinic was very informative to its patients on how to properly nurse the babies, as well as prevent disease.





*This was the pediatric clinic and the scale and measuring board they used to for the babies.*



*This is Dr. Pamela, a primary care physician who handled patients from infant to adult. There were only nurses in Ped's so in order to receive medications, the patient would have to go to her office and receive the prescription.*

Our time in Cusco passed very quickly, but I will never forget our time there and the interactions we were able to make with the children and adults in the area.

